



Counselor's Corner

September 2026

Welcome Back to School!

With the school year starting back up, I'd like to take the opportunity to introduce myself to any new parents and share some information from the School Counseling Department!

For those who may not know me, my name is Ellen Judge, and I am the school counselor at St. Joseph's. This is my second year serving our school, and this year my role is full-time! I am very excited to provide our students, staff, and parents with greater consistency and availability throughout the school year.

One of the ways I support students is through small lunch groups (starting at the 3rd grade level!). Last year, I had the opportunity to lead several grade-level groups where students could build friendships and practice important social skills in a relaxed setting. These groups quickly became something students looked forward to each week, and I loved seeing the friendships and sense of community that grew from them. If you feel your child could benefit from some extra support with friendships, social skills, or adjusting to change this year, please don't hesitate to reach out to me. I may also invite your child to participate in a lunch group if I feel it would be a good fit for them. These groups are made up of students for a variety of reasons. Sometimes a student may benefit from some extra support, while other times I may invite a student who naturally encourages and supports others and would be a positive presence in the group. If I invite your child to participate, I will always reach out to you personally.

If your child visits my office for something that comes up during the school day, I will reach out to you to keep you informed. If your child is self- or teacher-recommended for either short-term or ongoing support, I will reach out to you as well so we can discuss a plan of support and make sure you feel comfortable moving forward.

If your child has a need this year, please do not hesitate to reach out! I am more than happy to meet with parents and partner with you in supporting your child. I am grateful for this community and excited to be serving again this year!

May God bless you and your families!

Miss Ellen Judge

