

# ST. JOSEPH CATHOLIC SCHOOL

1940 S. 77TH ST, LINCOLN, NE 68506

PHONE: 402.489.0341 | FAX: 402.489.3260 | SCHOOL.STJOSEPHLNK.ORG

## MONTHLY MESSENGER

October 2023



### Mother Instinct

Moms are pretty protective!

Those of you who are mothers know exactly what I mean. When it comes to children of someone else you can be pretty objective, but when it comes to your own, that protective instinct comes to the fore, even if you know your child deserves to face consequences for choices. The “mama bear” syndrome can be very strong (although we are called to use our wills to rise above it and interact with respect and decorum). 😊

I was musing on this as I was considering Mary, our Mother, and the month of the Holy Rosary. I can only imagine how protective Mary was of Jesus. At the same time, she had the perfect balance of knowing when to step back and allow Him to experience the consequences of choices of those around Him. If there were ever squabbles outside the synagogue, she could be sure that Jesus didn't start it – but He still may have been reprimanded by the rabbi!

And for all of us, her spiritual children, her protective instinct is also very strong. One way that she provides us protection is through the power of the Rosary. When we call upon her to “pray for us sinners” she certainly does so. Throughout history, Mary has shown, time and again, through her apparitions, miracles worked at her intercession and simple daily blessings, that she is a Mother we can turn to and depend upon to defend us against our true adversaries, sin and Satan. In that vein, I'm delighted that (post-Covid) we are going to be bringing back the custom we have had of sending home rosaries to families to pray each night and return to school the next day to pass along to the another family throughout the month of October. These are not just any rosaries, but special glow-in-the-dark rosaries with large beads that children of all ages will enjoy. Some alumni of St. Joseph School fondly remember being excited to get this rosary and pray it in the dark. Even that is a comfort, reminding us that Mary is with us, more powerful than the forces of darkness.

Also, we are looking forward to the annual Living Rosary put on by our 3<sup>rd</sup> graders next Friday, October 6, the day before the Feast of Our Lady of the Rosary. We will be anticipating Mary's intercession as well for parent-teacher conferences coming up the week following. Finally, we ask Mary to protect us from the temptations that daily assail us and to guard our school families, her beloved sons and daughters.

Mary, our Mother and Queen of the Most Holy Rosary, pray for us!

In Christ's Love,

Sister Mary Angela, C.K.

## Congratulations!

This year, the following staff members will be honored at the annual diocesan Saints and Scholars Dinner on October 15, sponsored by Bishop James Conley, for their years of service in the Diocese of Lincoln schools:

Mary Pohlen, 36 years; Marie King and Sister Marie Jacqueline, 35 years; Jamie Srb and Sister Mary Angela, 25 years; Sara Stewart 20 years; Lisa Bales and Kevin Naumann, 5 years. Thank you for your fidelity to Catholic education!

## OCTOBER EVENTS

### **Monday, October 2**

Student Confessions

### **Tuesday, October 3**

2nd Gr Field Trip- Arbor Day Farms

SFA Parent Meeting, 6:45

### **Wednesday, October 4**

Kindergarten Field Trip- Lincoln Z00

### **Thursday, October 5**

Rechecks Health Screenings Preschool &  
Grades 1-4

### **Friday, October 6**

Mission Collection

3rd Gr Living Rosary, 2:30

### **Tuesday, October 10**

Parent Teacher Conferences 4:00-7:30

### **Thursday, October 12**

Melodic Knights Mass

End of 1st Quarter

Parent Teacher Conferences 4:00-7:30

### **Friday, October 13**

No School (Comp Day)

### **Monday, October 16**

No School (Diocesan Teacher Institute)

Cor ad Cor, 7:00

### **Tuesday, October 17**

No School (BIST PD/Faculty Mtg)

### **Wednesday, October 18**

7C Class Mass

### **Thursday, October 19**

Student Council Mass

Report Cards Issued

### **Friday, October 20**

Youth Choir Mass

### **Monday, October 23**

Fall Food Drive

4B Cunningham School

### **Tuesday, October 24**

Fall Food Drive

Confirmation Parent Mtg, 7:00

### **Wednesday, October 25**

Fall Food Drive

### **Thursday, October 26**

Fall Food Drive

1st Gr Field Trip

### **Friday, October 27**

Fall Food Drive

Melodic Knights Mass

### **Tuesday, October 31**

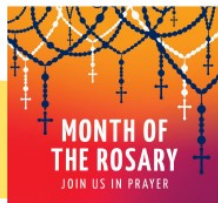
1st Gr All Saint Presentation, 1:30




4A Cunningham School

Last Day for Uniform Shorts



**October 2023**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 	<b>2</b> <b>Student Confessions</b> Day 1	<b>3</b> <b>2nd Grade Field Trip, Arbor Day Farms</b> <b>SFA All-Parent Meeting, 6:45 pm</b> Day 2	<b>4</b> <b>Kindergarten Field Trip, Lincoln Zoo</b> Day 3	<b>5</b> <b>Health Screening Rechecks: Preschool &amp; 1st-4th Grades</b> Day 4	<b>6</b> <b>Mission Collection</b> <b>3rd Grade Living Rosary, 2:30 pm</b> Day 5	<b>7</b>
<b>8</b>	<b>9</b> Day 1	<b>10</b> <b>Parent/Teacher Conferences, 4:00-7:30 pm</b> Day 2	<b>11</b> Day 3	<b>12</b> <b>Melodic Knights Class Mass</b> <b>Parent/Teacher Conferences 4-7:30 pm</b> <b>END 1ST QUARTER</b> Day 4	<b>13</b> <b>NO SCHOOL (Comp Day)</b>	<b>14</b>
<b>15</b>	<b>16</b> <b>NO SCHOOL (Diocesan Teacher Institute)</b> Day 1	<b>17</b> <b>NO SCHOOL (BIST PD/ Faculty Mtg)</b> Day 2	<b>18</b> <b>7C Class Mass</b> Day 3	<b>19</b> <b>Student Council Class Mass</b> <b>Report Cards Issued</b> Day 4	<b>20</b> <b>Youth Choir Mass</b> Day 5	<b>21</b> 
<b>22</b>	<b>23</b> <b>FALL FOOD DRIVE</b> <b>4B Cunningham School</b> Day 1	<b>24</b> <b>FALL FOOD DRIVE</b> <b>Confirmation Parent Mtg, 7:00 pm</b> Day 2	<b>25</b> <b>FALL FOOD DRIVE</b> Day 3	<b>26</b> <b>FALL FOOD DRIVE</b> <b>1st Grade Field Trip</b> Day 4	<b>27</b> <b>FALL FOOD DRIVE</b> <b>Melodic Knights Class Mass</b> Day 5	<b>28</b>
<b>29</b>	<b>30</b> Day 1	<b>31</b> <b>1st Grade All Saints Presentation, 1:30 pm</b> <b>4A Cunningham School</b> <b>Last Day Uniform Shorts</b> Day 2				



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ST. JOSEPH CATHOLIC SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
2 Italian Dunkers w/Meat Sauce Mixed Veggies Fruit Choice Milk	3 Mini Corn Dogs Baked Beans Chips, Fruit Snack Fruit Choice Milk	4 Orange Chicken Brown Rice Oriental Slaw Fruit Choice Milk	5 Walking Tacos Corn Fruit Choice Milk	6 Mac & Cheese Broccoli Cookie Fruit Choice Milk
9 Cheeseburger on WG Bun Fries Fruit Choice Milk	10 Chicken Nachos Green Beans Cake Slice Fruit Choice Milk	11 Hot Dog on WG Bun Baked Beans Fruit Choice Milk	12 Meal-In-A-Bowl Popcorn Chicken, Mashed Potatoes, Gravy, Corn & WG Roll Fruit Choice Milk	13 <b>NO SCHOOL</b> (Comp Day)
16 <b>NO SCHOOL</b> (Diocesan Teacher Institute)	17 <b>NO SCHOOL</b> (Faculty Meeting)	18 Soft Taco w/Beef Corn Fruit Choice Milk	19 Pancakes, Sausage Links Tri-Tater, Jell-O Fruit Choice Milk	20 Cheese Stuffed Breadsticks Marinara Sauce Mixed Veggies Fruit Choice Milk
23 Chicken Nuggets Baked Beans WG Roll Fruit Choice Milk	24 Chicken Alfredo Garlic Breadstick, Broccoli Rice Krispy Treat Fruit Choice Milk	25 BBQ Pork Nachos Corn Fruit Choice Milk	26 Cheeseburger on WG Bun Fries Fruit Choice Milk	27 Cheese Pizza Green Beans Pumpkin Bar Fruit Choice Milk
30 Fiesta Pizza Mixed Veggies Fruit Choice Milk	31 Spaghetti w/Meat Sauce Garlic Breadstick, Peas Dirt Cup Fruit Choice Milk			

\*Student lunch \$3.25  
\*Adult lunch \$4.60

\*Milk \$0.40  
\*Second entrée or sandwich \$1.25

\*Turkey or ham sandwich as a choice Monday through Thursday  
\*Peanut butter sandwich as a choice Monday through Friday

LITURGY SINGING SCHEDULE FALL SEMESTER 2023  
October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 – Day 2 The Holy Guardian Angels (M)  4B	3 – Day 3 Weekday  3A	4 – Day 4 St. Francis of Assisi (M)  5B Class Mass	5 – Day 5 St. Faustina (m)  *Quiet Mass*	6 – Day 1 St. Bruno (m)  Mission Collection 3B
9 – Day 2 St. Dennis (m)  6A	10 – Day 3 Weekday  6B	11 – Day 4 St. John XXIII (m)  *Quiet Mass*	12 – Day 5 B. Francis Xavier Seelos (m)  Melodic Knights Class Mass	13 <b>NO SCHOOL</b> (Comp Day)
16 <b>NO SCHOOL</b> (Pius X Institute)	17 <b>NO SCHOOL</b> (Teacher Workday)	18 – Day 1 St. Luke (F)  7C Class Mass	19 – Day 2 Sts. John de Brebeuf, Isaac Jogues, & Companions (M)  SC Class Mass	20 – Day 3 St. Paul of the Cross (m)  Youth Choir Mass
25 – Day 4 St. John of Capistrano (m)  5A	26 – Day 35 St. Anthony Mary Claret (m)  *Quiet Mass*	27 – Day 1 Weekday  5B	28 – Day 2 Weekday  4A	29 – Day 3 Weekday  Melodic Knights

**BIST Tip:**  
**BOTTOM LINE,**  
**positive style –**  
**“It’s always okay**  
**to do your best**  
**and ask for help.”**  
**“It’s always okay**  
**to be kind and**  
**helpful.”**

Last time, we shared that “It’s never okay to be disruptive.” On the positive end, there are things that are **always okay** in the classroom. We remind students that it’s always okay to do their best. But their best doesn’t mean that they will understand everything. That’s the time to ask for help. We come to school to learn! Learning often means we need to ask questions and clarify what may be confusing. Empowering students to ask when they need help encourages them to be active learners. It’s also always okay to be kind and helpful. If someone has their hands full, jump in and hold the door. If someone spills crayons, get down and help pick them up. These behaviors are welcome in school and in all settings. See how your children respond if you gently remind them of these phrases at home.

## Volunteer Information

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### Create an Account and Access Training

Log on to Catholic Mutual Group (CMG) site below to create an account and to access the training videos.

[lincoln.cmgcon...](http://lincoln.cmgcon...)

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### Requirements for Volunteers:

#### ***Safe Environment Training***

This must be completed every year. Log on to your account to see when it expires. NEW volunteers complete the Required Training\*. All others complete the RENEWAL

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### Requirements for Field Trip Drivers:

Safe Environment and Background Check (see previous item).

#### ***Defensive Driver Training***

This must be completed 1 time for driving on field trips. Log on to CMG and Scroll down to "Optional Trainings."

#### ***Volunteer Driver Form***

Get one from Gloria Jundt.\*\*

This must be filled out every 3 years for driving on field trips. You must include a copy of front and back of Driver’s License, a copy of your current Vehicle Registration, and a copy of your insurance Liability Limits, which must be

Training OR Safe Environment Training Videos ONLY.

\$100,000, \$300,000, \$100,000 (not your insurance card).

### **Background Check**

This must be done every 5 years. Log on to your account to see when it expires. NEW volunteers complete the Required Training\*. All others complete the Background Check ONLY.

*\*\*Contact Gloria Jundt at 402-489-0341 OR [Gloria-Jun...](#) to get a Volunteer Driver Form or to ask any questions that you might have.*

*\*The Required Training combines the Safe Environment Training **AND** a Background Check. Complete this training only if you need **BOTH** the Safe Environment and Background Check. Be sure to finish all the way to the end and submit payment. If you need only the Safe Environment, do the "Safe Environment Only." If you need just the background check, do the "Background Check Only."*

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## **Lunch and Recess Volunteers**

Lunchroom... (all grades)

5th & 6th Recess

Kinder, 1st, & 2nd Recess

7th & 8th Recess

3rd & 4th Recess

**SFA All Parent Meeting- October 3rd**



# Learn How to Keep Your Child Safe Online



Tuesday, Oct. 3, 2023  
6:45 p.m.



Resurrection Hall at St. Joseph  
Catholic School and Church  
1940 S. 77th St.,  
Lincoln, NE 68506

## Parenting the Smart Gen Workshop

Attention parents! **St. Joseph's School Family Association** is so excited to be partnering with Omaha-based nonprofit, Smart Gen Society, to provide you with a FREE workshop about how to keep your child safe online. Childcare will be provided by the Christ the King Sisters. This is recommended for parents with kids of all ages!

### Digital Branding

How to build a positive digital brand to protect reputation and future opportunities.

### Communication

How to create open lines of communication with your kids about online safety.

### Safety

How to protect your family's privacy, safety, and mental health.

#### About Smart Gen Society

Smart Gen Society is a non-profit organization with the mission of empowering smart choices in a digital world. SGS offers preventative and proactive measures to offset the negative implications of our digitally dependent society.



Smart GEN Society



© 2023 Smart Gen Society

402-505-3993 | [contact@smartgensociety.org](mailto:contact@smartgensociety.org) | [smartgensociety.org](http://smartgensociety.org)

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## NOTES FROM THE NURSE:

HEALTH RE-SCREENS will take place on **Thursday, October 5<sup>th</sup>**.



## REMINDER

- Kindergarten & 7<sup>th</sup> grade parents: please submit a physical and up-to-date immunization records as soon as possible if not submitted already.

- Preschool parents: please submit an up-to-date immunization record if not submitted already.

*Please click [HERE...](#) for a list of vaccines required per grade.*

Paperwork can be dropped off at school, faxed to 402-489-3260 or e-mailed to [christina-wahl...](mailto:christina-wahl...) Thank you for your help!

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## Weekend Pet Adoption!!

If you haven't already heard, Mr. Naumann has added a couple of friends to the office! Meet our hamsters Nibbles and Harriet! Both are available to "adopt" for the weekends. They can be taken home Friday after school and be brought back Monday morning. If your child(ren) would like to adopt Nibbles or Harriet for a weekend send in a letter with your child, email the office staff, or give us a call at 402-489-0341 and we will put you on our list! Both hamsters are available starting with this upcoming weekend.



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## Meals for the Sisters

Dear School Families,

The past few years we have been blessed with the opportunity to provide weekly meals for the School Sisters of Christ the King who teach in our schools. Please [CLICK HERE](#) for more details and to sign up to participate in this very important ministry. Thank you for your prayerful consideration. Please reach out to me if you have any questions.

Cara Matthes: 402-477-8266 or [caramatthes@ne...](mailto:caramatthes@ne...)

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## Earn Cash for Our School with BoxTops!

*Together, we can  
make a BIG difference!*

For over 25 years, BoxTops for Education has given families an easy way to earn for schools with products they already buy. Today, you can find thousands of participating products throughout the store — and all you need is the BoxTops app.

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## Do You Like Pizza? Use SCRIP!

Make it a pizza night tonight! We sell Domino's, Papa John's, Little Caesar's, Pizza Ranch and Valentino's. Use SCRIP to give back to your church and school! Send your order with your student in the morning and we will return it with them the same day! Text Kate with any questions: 402-314-1416.

**[DOWNLOAD THE ORDER FORM!](#)**

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## ADORATION & BENEDICTION

Every Wednesday we have Adoration of the Blessed Sacrament after Mass. All parents are welcome to join us in spending time with Jesus. We also invite you to Benediction at 3:00 pm. If you would like to take a regular adoration time weekly or monthly, please contact Sr. Mary Angela at [sr.mary-angela...](mailto:sr.mary-angela...)

## Online Shoppers

can earn with BoxTops too!

Whether you order groceries for delivery or pickup, shop through your store's app, or request an email receipt at checkout, you can earn for your school no matter where you shop.

SEE PRODUCTS & LEARN MORE  
ABOUT BOX TOPS APP AT [BTFE.COM](http://BTFE.COM).


**HERE'S HOW IT WORKS:**

- BUY BOX TOPS PRODUCTS**  
Earn for schools with the brands you love.
- SCAN YOUR RECEIPT**  
Use the Box Tops app to submit your receipt within 14 days of purchase.
- EARN CASH FOR SCHOOLS**  
Box Tops products are identified and earnings are credited online.

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## Men's Day of Reflection

All men of St. Joseph Parish are welcome to attend a Day of Recollection with Fr. Brian Kane on October 7. The day will consist of a series of talks, as well as the opportunity for personal prayer, Mass, spiritual direction, Adoration, and confessions. Breakfast and lunch will be provided. Please invite others, including those attending other parishes, to come with you. Scan the QR code on the **[FLYER](#)** or visit [bit.ly/StJoe-M...](http://bit.ly/StJoe-M...) to register. For any questions, please contact [benraun8@gmail...](mailto:benraun8@gmail...) or [gracieraun8@gm...](mailto:gracieraun8@gm...)



YOUTH MINISTRY INVITES YOU TO:

# SAINT JOSEPH TRUNK OR TREAT FALL EVENT

BRING YOUR FAMILY FOR COSTUMES, CANDY,  
CRAFTS, CREATIVE TRUNKS, AND MORE!

PLUS! FOOD TRUCKS: THE HARBOR COFFEE,  
REDLINC BBQ, KONA ICE

\*FOOD & DRINKS UNDERWRITTEN BY DONATIONS TO THE PARISH

**OCT. 27 • 6PM-8PM**

\$5 FOR A TRUNK OR TREAT BAG.  
PARK IN FRONT AND FOLLOW THE HALLOWEEN TRAIL  
TO THE BACK LOT!

CONTACT [SARA-RACICOT@CDOLINC.NET](mailto:SARA-RACICOT@CDOLINC.NET) WITH QUESTIONS



*Calling all high schoolers and/or families!!!*

# HOST A TRUNK!

**HELP US HOST ST. JOSEPH TRUNK OR TREAT!!!**

October 27 | 6-8 pm | St. Joe's back lot

Set up begins after school that day.

**It's easy! Decorate your trunk, get dressed up,  
bring lots of candy, and have a great time!**

SCAN THE QR CODE OR EMAIL [SARA-RACICOT@CDOLINC.NET](mailto:SARA-RACICOT@CDOLINC.NET) TO SIGN UP!



## AROUND THE DIOCESE

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### CK Sisters Outdoor Fall Workday

Saturday, September 30, 1:30-4:30 pm

We will be planting trees, mulching, cleaning up our vegetable garden and cutting trees. Helpful items to bring include shovels, work gloves, wheelbarrows, pickups and chainsaws. Children are also welcome – and can use this for service hours! Mark your calendars now and contact Sister Mary Angela at [sr.mary-angela...](mailto:sr.mary-angela...) if you would like to come and help. Please also print and complete a [LIABILITY FORM](#) (one per adult; children added to adult form.) Villa

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### Family Celebration of Saints

Bring the whole family to celebrate the Saints with the C.K. Sisters at the Villa Regina Motherhouse (4100 SW 56th St.) on **Sunday, October 1 from 1:15-3:30 pm**. Wear your favorite saint costume and come prepared for outdoor activities. For more information, see the flyer [attached](#).



Regina Motherhouse, 4100 SW 56th St., about 2 miles west and south of Pioneers Park. Walk-ins are also welcome.

## Outdoor Workday

### School Sisters of Christ the King

**Who:** Adults and children who like to work outdoors!  
(Great for service hours.)

**Where:** Villa Regina Motherhouse  
4100 SW 56<sup>th</sup> Street

**\*\*West of Pioneers Park on Van Dorn,  
turn south on Southwest 56<sup>th</sup> Street\*\***

**When:** Saturday, Sept. 30, 2023

**Time:** 1:30-4:30 p.m.

**Projects:** Planting trees, mulching,  
fall clean-up of vegetable garden  
and flowerbeds, cutting trees, etc.

**\*Supplies to bring:** shovels, work  
gloves, wheelbarrows, pickups and  
chain saws (\*Please make sure all  
tools are marked with your name.)

RSVP via email if you can.

[sr.mary-angela@cdolinc.net](mailto:sr.mary-angela@cdolinc.net)

"Walk-ins" are also welcome.



Thank you for your generosity and God bless you!

## FAMILY CELEBRATION

### *Of the Saints*

### & Eucharistic Procession

- 1:15 Registration  
Praise & Worship
- 1:45 Eucharistic Procession begins  
Group Activities/Snacks
- 3:00 Skit: The Life of  
Blessed Carlo Acutis

- The whole family is invited!
- Bring a friend and wear your favorite saint costume!
- Dress for outdoor activities



SUNDAY, OCTOBER 1, 2023  
1:15 - 3:30 p.m.

Villa Regina Motherhouse  
4100 SW 56th Street, Lincoln

7th & 8th Graders join us for the

*Ignite*  
**CAMPFIRE!**



**ROCA BERRY FARM!**

*October 6th 5:00pm-9:00pm*

*Pizza & S'mores Provided!*

*Sign up by October 3rd!*

*Learn more &  
Sign up here!*



We need chaperones!  
Email [Sara-Racicot@cdolinc.net](mailto:Sara-Racicot@cdolinc.net) if you can stay!

## **Pastor:**

Fr. Michael G. McCabe

## **Assistant Pastor:**

Fr. Loudon Redinger

## **Principal:**

Kevin Naumann

## **Assistant Principal:**

Sr. Mary Angela, C.K.

**1940 S. 77th Street, Lincoln, NE 68506**

**Phone: 402-483-2288**

**[stjosephlnk.or...](#)**