

NOVEMBER MONTHLY MESSENGER



Knightsly News from the Principal!

“Of Subsidiarity, Autonomy and Solidarity”

<https://stjosephknightsprincipalpage.home.blog/>

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Upcoming Events

November

1 Sunday: All Saints Day

2 Monday: NO SCHOOL (Teacher Workday)

3 Tuesday: First Penance Parent Meeting
7:00 PM

13 Friday: NOON DISMISSAL (Faculty Meeting)

22 Sunday: Solemnity of Christ the King

25-27 Wednesday-Friday: NO SCHOOL
Thanksgiving Holiday

29 Sunday: Advent Begins

Day Off Reminder

This is a reminder that **Monday, November 2nd** is a NO SCHOOL Day. It is now a Teacher Workday for all the Lincoln City Catholic schools, granted through the Nebraska Department of Education.

BIST Tip: Safe Seat

*Sometimes a child may need more time to calm down and think than just a "rethink" allows. If this is the case, there is a designated **safe seat** in your child's classroom for calming down and problem-solving. Your child may choose to go on his own or may be asked by an adult to go to the safe seat in his/her classroom. As part of the problem-solving process, a child may be asked to fill out a Think Sheet. A Think Sheet allows the child to **reflect** on their behavior and be **accountable** for their actions.*

BIST Info

In addition to our monthly BIST tips, we wanted to make everyone aware that we are blessed this year to have a BIST consultant come once a month to give presentations to students and work with teachers. If you have heard your students talk about "Miss Jacquie" or "BIST Jacquie," they are referring to Jacquie Winbolt, who serves about 17 schools in the Midwest. In addition, we have a team of teachers who review concepts at each monthly faculty meeting, which often includes role-playing and application to the classroom. Just recently, with the older students, we have done some classroom environment surveys to see how the children are adapting in this COVID year as well as giving them an opportunity to share any other items that are on their minds and hearts that may be causing stress or anxiety. Finally, some of our students are experiencing class meetings to discuss issues that pertain to their class and discuss proactive ways to problem-solve. There's a lot of great work happening with BIST and we just wanted to give you a glimpse! Feel free to ask your child's teacher if you have questions or would like to know more.

NOVEMBER



Winter Outdoor Recess Policy

In consultation with teachers and staff, the winter outdoor recess policy has recently been revised regarding temperature. The highlighted items below are changes to the original policy. This will go into effect immediately. To review other recess guidelines, see the parent handbook on pages 20-22. Thank you for sending your children properly dressed for cold weather!

Blacktop

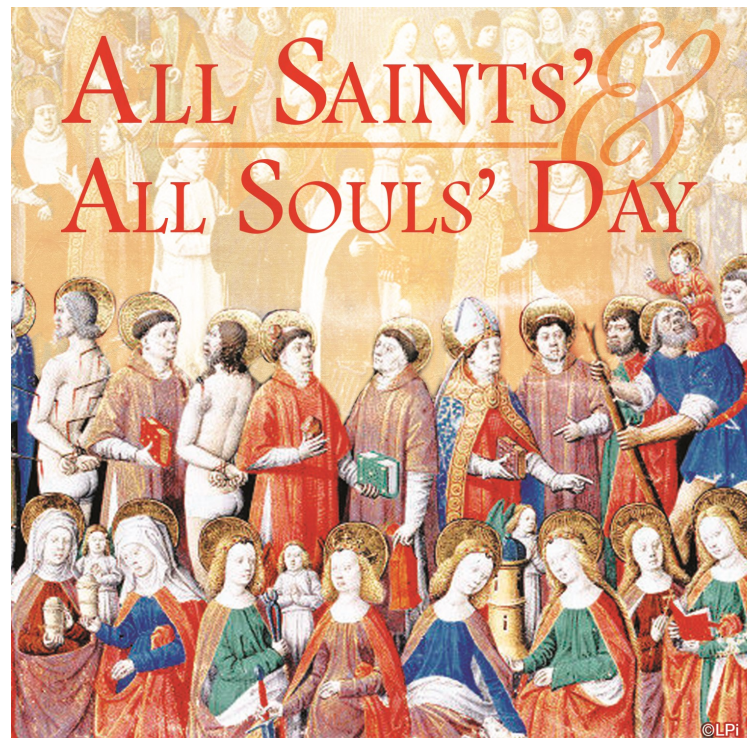
- When the blacktop is ice covered, students will have indoor recess.
- When the blacktop is snow covered, teachers will use discretion to determine if recess will be outdoors.

Temperature

- **Teachers always have the option to take students outside for brief periods of fresh air.**
- When the temperature, with wind chill, is **below 10 degrees**, students will have indoor recess.
- When the temperature, with wind chill, is **between 10 and 20 degrees**, students will go outside for part of the recess. The time will be determined by playground teacher discretion.
- When the temperature, with wind chill, is above 20 degrees, students will have outdoor recess.

Uniform Reminder

Tomorrow, **October 30th**, is the LAST day to wear Uniform shorts.





Christmas Concerts

****CHANGE IN CALENDAR****

We are thrilled to announce that our students get to celebrate our Lord's birth with simplified Christmas concerts! In compliance with COVID-19 rules and regulations this winter's Christmas concerts will be held as follows:

Tuesday, December 15

6:30pm – All K-6th Graders Aschwege-Digman

7:30pm – All K-6th Graders Dodd-Hance

Wednesday, December 16

6:30pm – All K-6th Graders Hans-Matthes

7:30pm – All K-6th Graders May Harris-Rempe

Thursday, December 17

6:30pm – All K-6th Graders Riskowski-Zurcher

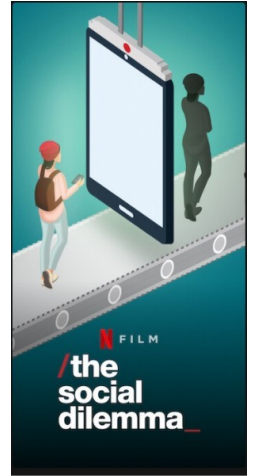
Logistics:

- There will be roughly 62 students performing all together at each concert. They will be spread out on the risers/floor.
- They will be masked when singing and may take their masks off for any solo or speaking part.
- Only parents will be able to come to the concert and all siblings, grandparents, etc. will be able to watch it livestreamed. (specifics to come later)
- After the first concert, the gym will be quickly cleaned before the next group may come in.
- We politely ask that the 6:30 concert-goers park in the back (east) parking lot while the 7:30 concert-goers park in front of the school to avoid congestion between concerts.
- Doors will open approximately 15-20 minutes before show time. Please stay in your cars until the doors open.

Specifics may change or be altered depending on where we are with COVID-19 guidelines in the middle of December.

'The Social Dilemma' Review—3 Major Takeaways For Parents

Please set aside a couple minutes to review this short [article review](#) of an eye-opening documentary film. "The filmmaker's interview top executives who used to work at Facebook, Twitter, and Instagram. It's an incredibly honest look at what social media is doing to us mentally, physically, and emotionally. The documentary openly addresses how social media is affecting an entire generation of teens—the first generation to not know life before social media...Since 2010, there has been a 151% increase in depression and anxiety among girls aged 10-14. That year directly coincides with the rise of social media." Along with the insights provided, the three parent tips give you practical tools to assist your own child(ren). We highly encourage you to share this article with every parent you know and to watch the actual video.



CANA Dinner & Auction

Save the date for CANA 2021, January 30, 2021 at the Lincoln Station Great Hall.

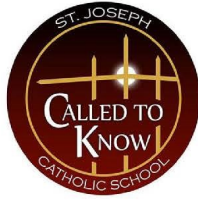
CANA is our Parish's primary fundraiser benefiting both the church and school. Proceeds from this event help cover physical improvements and grow our education programs at the church and school. For more information on the event, please [CLICK HERE](#).

Quiz Bowl

Good luck to the Junior High Quiz Bowl Team, who will compete at the Seward Quiz Bowl on **Wednesday November 4**. Team Members are: Jonah Meduna, Lily Russman, Peter Killeen, John Donlan, Henry Sobansky, Patrick Gutierrez. The team is coached by Mr. Rotter.



NEWS



November



November Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 All Saints Day	2 NO SCHOOL Teacher Planning Day	3 First Penance Parent Meeting 7:00 PM	4 SFA Board Meeting 3:45 PM	5 Day 4	6 Day 5	7
8 	9 Day 1	10 	11 Day 3	12 Day 4	13 NOON DISMISSAL (Faculty Meeting)	14
15	16 Day 1	17 Day 2	18 Day 3	19 Day 4	20 Day 5	21 
22 Solemnity of Christ the King	23 Day 1	24 Day 2	25 NO SCHOOL THANKSGIVING BREAK	26 NO SCHOOL THANKSGIVING BREAK	27 NO SCHOOL THANKSGIVING BREAK	28
29 Advent Begins	30 Day 3					

November Lunches


[PAY FOR MEALS ONLINE MySchoolBucks.com](https://www.myschoolbucks.com)

NOVEMBER 2020  *All items are subject to change without notice.*

St. Joseph Catholic School

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Teacher Workday	3 BBQ Pulled Pork, WG Bun Baked Beans Diced Peaches Milk or OJ	4 Fiestada Pizza Baby Carrots W/Ranch Pineapple Tidbits Milk Or OJ	5 Chicken Noodle Soup Yeast Roll, Sweet Peas Applesauce Milk or OJ	6 Cheese Pizza Broccoli Florets Diced Pears Milk or OJ
9 Chicken Crisпитos w/Salsa Green Beans Strawberry Cup Milk or OJ	10 Pepperoni Pizza Cucumber Slices w/Ranch Applesauce Milk or OJ	11 Hotdog, WG Bun French Fries Diced Pears Milk or OJ	12 Chicken Strips Corn Mandarin Oranges Milk or OJ	13 Noon Dismissal No Lunch Faculty Meeting
16 Mini Corndogs Baked Beans Banana Milk or OJ	17 Brd. Chicken Patty, WG Bun Baby Carrots W/Ranch Fruit Cup Milk or OJ	18 Sausage Pizza Mixed Vegetables Applesauce Milk or OJ	19 Meal-in-a-Bowl Popcorn Chicken, Mashed Potato, Corn & Gravy Diced Pears Milk or OJ	20 Breaded Mozzarella Sticks Marinara Sauce Diced Peaches Milk or OJ
23 Sloppy Joe, WG Bun French Fries Applesauce Milk or OJ	24 Soft Shell Chicken Taco Flour Tortillas, 3 Bean Salad Diced Peaches Milk or OJ	25 No School Thanksgiving Holidays	26 No School Thanksgiving Holidays	27 No School Thanksgiving Holidays
30 Spaghetti w/Meat Sauce Bread Stick Diced Pears Milk or OJ				

HAPPY THANKSGIVING

*Student Lunch \$3.25
*Adult Lunch \$3.75
*Adult Lunch \$3.75

*Ham or Turkey Sandwich as a choice on Monday thru Thursday
*Peanut Butter Sandwich as a choice on Monday thru Friday