



Dear Parent(s) or Guardian(s),

The safety of our children is critical to the mission of our parishes and schools. To serve the goal of creating a safe environment in all of our institutions, the Diocese of Lincoln's schools and religious education programs provide personal safety lessons for all students in grades K-8.

Our Safe Environment lesson plans include one class session per grade level that is age-appropriate, user-friendly, and consistent with the moral teachings of the Catholic Church. These lessons promote respect for the dignity of the human person and virtuous living, covering such topics as respect, personal boundaries, dealing with uncomfortable or threatening situations, and getting help from a trusted adult. Our goal is to equip parents/guardians and students with knowledge that can help keep children safe while fostering the formation of Christian virtues.

You are encouraged to view the pertinent parent packet(s) and lesson plan(s) provided on the Safe Environment curriculum webpage and talk with your children about the material both before and after the lesson (students will be asked to give you the parent packet the day they receive the lesson). Sensitive material is reserved for the parent-student discussion.

The full lesson plan and parent packet for each grade level can be viewed at:

**<https://www.lincolndiocese.org/protection-of-youth/safe-environment-childrens-curriculum>**

In schools, the Safe Environment lesson plans can and may be integrated with the Theology of the Body curriculum, available on the Religious Education page of the diocesan website:

**<https://linc-dio.solutiosoftware.com/curriculum-requirements/k-8-theology-of-the-body>**

Each school and parish will determine its own dates for delivering the Safe Environment lessons. If you have any questions or concerns about the material presented in your child's lesson plan or this program, please contact your parish or school administrator, or the Office of Child & Youth Protection at [SafeEnvironment@lincolndiocese.org](mailto:SafeEnvironment@lincolndiocese.org) or (402) 613-2488.

We look forward to continuing to work with you to provide your children the best possible Christ-centered education.

Sincerely Yours in Christ,

Office of Child & Youth Protection  
Diocese of Lincoln

---