

ST. JOSEPH CATHOLIC SCHOOL

1940 S. 77TH ST, LINCOLN, NE 68506

PHONE: 402.489.0341 | FAX: 402.489.3260 | SCHOOL.STJOSEPHLNK.ORG

MONTHLY MESSENGER

October 2025

Knightly News from the Principal

Dear Parents,

During this week of Walk for Christ, we look forward to possible physical changes on our campus in the upcoming years, as well as possible program changes, as we look into our curricular areas, to ensure that we are preparing our students as 21st century learners, leaders and future saints!

It is a delicate balance to appreciate our past and our traditions, while also knowing that our school is a work in progress and that even the most longstanding events, perceptions, attitudes and even our faith life



as a school, are subject to scrutiny and the possibility of change. That said, we know that change for change's sake isn't prudent. We also know that not everything new is better.

I want you to know I'm not referring to anything specific here at all. I only want all of us to have a mindset of growth, as partners in the this most important of endeavors: the formation of our children. Oftentimes, there are several good ways to accomplish something, and consensus is rarely ever truly achieved. Input and dialogue are appreciated and, in the end, we hope to be able to disagree and commit to changes as they occur. Please know that Sister Mary Angela and I are both committed to these kinds of discussions and dialogue, be it matters of faith, devotion, security, attendance, curriculum, playground or any other matters that are of interest or concern to you

We will do our utmost to listen and reflect, in the spirit of charity and empathy. While monetary support is appreciated, your support of our staff and school through prayer and partnership are invaluable. I pray that you have a hope-filled week and weekend as we close out our Walk for Christ Week for 2025. Our SFA board has been amazing and so much fun to work with, and we close by expressing our gratitude for all they do for our school!

Yours in Christ,

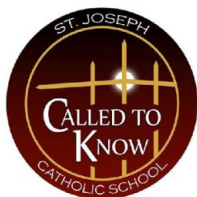
Kevin Naumann

BIST Tip:
**"I can do
something even if**

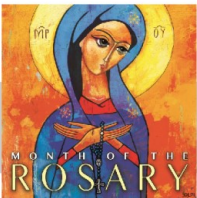
As one of our BIST Goals for Life, this one hits home with children and adults alike! We all have times that we don't want to do things, but we need to do them anyway. At school, when children are facing challenges,

it's hard or I don't want to."

this is a helpful reminder that God gave us the power to choose to do what needs to be done. For children who are hesitant, this is a confidence builder. For children who get easily frustrated, this is a helpful reassurance. For children who get angry, this is a calming reminder. We suggest using this same language at home with your children when circumstances warrant. An effective way to do so is to use a calm voice to remind, then give a little space for the child to think about it. They might be surprised to hear it coming from you, but it will be a great tool to show them that, whether at home or in school, God gives us the tools to make good choices.



October 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 4A Class Mass	2 4B Class Mass	3 Melodic Knights Mass Picture Retake Day 8:00-12:00 p Mission Collection	4
			Day 3	Day 4	Day 5	
5	6 Student Confessions	7 3A Class Mass 3rd Gr Living Rosary 2:30 pm P/T Conferences 4:00-7:00 pm	8 No 2:55 Benediction BIST Consultant Visit Parish Adoration 6:30 pm	9 1:00 Dismissal P/T Conferences 1:30-7:30 pm	10 NO SCHOOL (Comp Day)	11
	Day 1	Day 2	Day 3	Day 4		
12 Saints and Scholars Celebration	13 NO SCHOOL (Dioc. Teacher Institute)	14 Kinder Field Trip JH Field Trip	15 5B Class Mass	16 Youth Choir Mass Health Screenings, Preschool & 1st-4th	17 Melodic Knights Mass Health Screen Rechecks	18
		Day 2	Day 3	Day 4	Day 5	
19	20 Fall Food Drive	21 Fall Food Drive	22 2B Class Mass Fall Food Drive	23 Fall Food Drive 1st Gr Field Trip 2nd Gr Field Trip End of 1st Quarter	24 NO SCHOOL (Teacher Workday) Trunk or Treat 6:00-8:00 pm	25
	Day 1	Day 2	Day 3	Day 4		
26	27	28 Student Council Mass Confirmation Parent Meeting 7:00 pm Mission Club	29	30 Report Cards Sent Home	31 Melodic Knights Mass 1st Gr All Saints Parade 2:30 pm Last Day for Uniform Shorts	
	Day 1	Day 2	Day 3	Day 4	Day 5	ST. JOHN PAUL II FEAST DAY OCTOBER 22



Monday



Tuesday



Wednesday

Thursday

Friday

Chicken Strips
Mashed Potatoes & Gravy
Green Beans & Roll
Fruit Choice
Milk

6

Walking Tacos
Corn
Fruit Choice
Milk

7

Pepperoni Pizza
Broccoli, Scooby Snack
Fruit Choice
Milk

8

Pasta w/Meat Sauce
Garlic Breadstick, Peas
Fruit Choice
Milk

9

NO SCHOOL

10

NO SCHOOL

13

Chicken Nachos
Corn
Fruit Choice
Milk

14

Mini Corn Dogs
Baked Beans, Sun Chips
Fruit Choice
Milk

15

Breaded Chicken Patty
WG Bun, Fries
Fruit Choice
Milk

16

Cheese Pizza
Green Beans, Cookie
Fruit Choice
Milk

17

Orange Chicken
Brown Rice, Broccoli
Fortune Cookie
Fruit Choice
Milk

20

Beef Soft Taco
Corn & Bean Salsa
Fruit Choice
Milk

21

Chicken Alfredo
WG Pasta
Peas, Breadstick
Fruit Choice
Milk

22

Taco Soup
Tortilla Chips, Mixed Veggies
Banana Bread
Fruit Choice
Milk

23

NO SCHOOL

24

Meal-In-A-Bowl
Popcorn Chicken, Mashed
Potatoes, Gravy, Corn & Roll
Fruit Choice
Milk

27

BBQ Pork Nachos
Green Beans
Fruit Choice
Milk

28

Chicken Burrito Bowl
Rice, Corn Salsa
Fruit Choice
Milk

29

Hot Dog on WG Bun
Baked Beans
Dirt & Worms Cup
Fruit Choice
Milk

30

French Toast Sticks
Cheese Omelet, Tri-Tater
Fruit Choice
Milk

31

*Student lunch \$3.50
*Adult lunch \$4.60

*Milk \$0.60
*Second entrée or sandwich \$1.75

*Turkey or ham sandwich as a choice Monday through Thursday
*Peanut butter sandwich as a choice Monday through Friday
*Garden veggie bar available daily

Liturgy Singing Schedule - Fall Semester 2025

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 St. Therese of the Child Jesus (M) 4A Class Mass	2 The Holy Guardian Angels (M) 4B Class Mass	3 Weekday Mission Collection Melodic Knights
6 St. Bruno (m) 4A	7 Our Lady of the Rosary (M) 3A Class Mass	8 Weekday Quiet Mass	9 St. Dennis (m) 4B	10 NO SCHOOL Comp Day
13 NO SCHOOL Pius Institute	14 St. Callistus I (m) Quiet Mass	15 St. Teresa of Jesus (M) 5B Class Mass	16 St. Margaret Mary Alacoque (m) Youth Choir	17 St. Ignatius of Antioch (M) Melodic Knights Class Mass
20 St. Paul of the Cross (m) 3A	21 Weekday Quiet Mass	22 St. John Paul II (m) 2B Class Mass	23 St. John of Capistrano (m) 3B	24 NO SCHOOL Teacher Workday
27 Weekday 6A	28 Sts. Simon and Jude (F) Student Council Class Mass	29 Weekday 6B	30 Weekday Quiet Mass	31 Weekday Melodic Knights

Last Minute WFC T-Shirt Pick Up

If your student still needs a t-shirt to wear for tomorrow's prayer walk and class picture by the Walk for Christ sign, please stop at the front of the school (west side of building by office doors) starting from **7:30 AM onward** to collect a shirt. Students older than preschool can grab a shirt **without** their adult present.



**WFC 2025
Loved Ones
Donuts**



WALK FOR CHRIST EVENTS

Friday, September 26: Walk for Christ Celebration!

-It's not too late! If you would still like to send in a donation or prayer intentions, please do so by tomorrow!

- 8:15 AM School Mass: Join our school family for a special 8:15 AM Mass celebrated by Bishop Conley.
- Immediately following Mass: Walk for Christ! All are welcome to join us on this prayerful walk as a unified St. Joseph Catholic School community!
- Students should wear their "Walk for Christ" t-shirts and uniform shorts or non-uniform pants.
- Post-Walk Celebration! The day will be filled with fun for our students, including games, bounce houses and a dunk tank!

WFC Volunteers

We depend on parent volunteers to help make this day a huge success! Please sign up [HERE](#) to volunteer throughout the day! ****Please make sure you are up to date on your Safe Environment Training.**

Back Parking Lot Cones

Due to the PE schedule tomorrow, September 26th, the back parking lot cones will be picked up at 3:15. Please do not remove or enter the back parking lot for school pick up before that time.

SFA Parent Night – Let's Raise Saints!

Save the date for **Tuesday, Oct. 21, from 6:45-8:00 p.m.** You won't want to miss hearing from Fr. Matthew Rolling about "Virtue and Human Formation at Home and at School." He will be joined by our BIST consultant, Jacquie Winbolt, providing context for our school-wide approach for Grace and Accountability. Mark your calendars now for a night of formation, food and fellowship!

A Note From Our Nurses

We are in need of several updated student immunization records, dental records, and physicals (for new students, Kindergarten students, and seventh grade students) before the annual state report is due. Please send vaccination records to the school office, send an

email attachment to JHEL-schoolnurse@cdoli, or fax records to 402-489-3260. **Individual email reminders will be sent out in the coming weeks if your child(ren) have missing records.** Thank you for your help in keeping our student health files up-to-date.

VOLUNTEER INFORMATION

Dear Volunteers,

Field Trip season is upon us again and your help plays a big role in their success, whether it be chaperoning a group of students or providing transportation when it is needed. Thank you for signing up for the many activities occurring this fall. To help keep everyone safe, please take moment to log on to your CMG account and check your volunteer training status. Attached are **guidance pages** to help you do that. Check your trainings to determine if you are current by checking expiration dates. Then read through the Guidance page and follow the instructions by the number that describes your situation. If you have any questions please let me know.

If you are planning to drive for a field trip please make sure your SE an BGC are current. Then log onto you account and complete the Defensive Driver Training under Optional Trainings. You only need to do this once—one and done. Then complete and return the **Volunteer Driver Form**, including a copy of front and back of your Driver's License, Vehicle Registration, and Insurance Liability Limits of \$100,000, \$300,000, \$100,000 found in your statement—not your insurance card. This information is kept on file for 3 years. Again if you have any questions let me know.

Thank you for volunteering your time and talents to assist our teachers and students with fun learning activities.

Gloria Jundt, Gloria-Jundt@cdolinc.n

Lunch/Recess Volunteers!

If you are up to date on your Safe Environment training, please consider signing up to volunteer for lunchroom and/or recess duty! Links are provided below, and we appreciate any help!

Lunchroom: Lunchroom Helpers

K, 1, and 2 Playground Helpers: K, 1st, & 2nd Grade Playground Helpers

3rd & 4th Grade Playground Helpers: 3rd & 4th Grade Playground Helpers

5th & 6th Recess Helpers: 5th & 6th Grade Recess Helpers

7th & 8th Grade Playground Helpers: 7th & 8th Grade Playground Helpers

BIST Virtual Parenting Series

Dear Parents and Guardians,

As part of ongoing support for families, your child's school is offering a series of classes for parents and guardians through a partnership with the Behavior Intervention Support Team (BIST). These training sessions are designed to provide ways you can support your child's developing academic and behavior skills, as well as increase consistency between home and school.

BIST Virtual Parenting Series

5:45 PM - 6:00 PM **Enter Zoom Waiting Room**

6:00 PM – 6:45 PM **Informational Session**

6:45 PM – 7:00 PM **Questions and Answers**

*****All times are Central Time*****

September 18th: *"Just One Thing at a Time: Taking on tasks that seem to be overwhelming & addressing "perceived" helplessness"* – Recording [LINK](#); Handout [LINK](#)

September 25th: *"Why is the Truth So Hard?: Rebuilding trust when our children lie*

October 2nd: *"We All Live Here; We All Help Here: Teaching ownership, responsibility & pride through "helping out" around the house*

These classes are designed to:

- Create consistency between school and home
- Provide language for adults to use when redirecting children
- Share ways to problem solve to increase your child's success
- Increase generosity and kindness in your children
- Bring a sense of calm to your home

Please join us for any or all three sessions!

How to Register for Free Training

These virtual classes are provided free of charge, however, we do ask that you **please register through our website on or before Friday, September 12th, 2025**. Instructions for registration are on the page below.

We are excited to offer this opportunity to you!

Sincerely,

Marty Huitt, Director

Behavior Intervention Support Team/Cornerstones of Care

8150 Wornall Rd
Kansas City, MO 64114
@MartyHuitt

To register for this class:

1. Go to <http://BIST.org>
2. Click Log In on the home screen.
3. If you already created a username by previously enrolling in a BIST class, just log in on this screen.
4. If you have never registered for a BIST class, enter your information (Name, Email, and a Password). This will register you on the website, but not for the class.
5. At the top of the page, use the dropdown menu called “Classes.” Click “Training Calendar.”
6. Select the class you wish to attend (Parenting with BIST). Click “Register” under your preferred class.
7. Fill out the required questions and click “Register.”
8. On the checkout screen, complete the billing details even though this is a free class.
9. Click “Place Order.” The Order Details page is your confirmation of registration.
10. You will receive an email containing the Zoom link for the training sessions on Wednesday, September 17th.
 1. If you have not received an email containing the Zoom link by noon on September 18th, please contact our office at bist@cornerstonesofcar for assistance.

Play Dates with School Pets!

Our school Guinea Pigs, Leroy (brown) and Jasper (black) love to be held! They are available to be taken home Friday after school and brought back Monday morning. If your child(ren) would like to adopt Leroy and Jasper (together) for a weekend send in a letter with your child, email the office staff, or give us a call at 402-489-0341 and we will put you on our list!



Free & Reduced Lunch-Does Your Family Qualify?

St. Joseph participates in Nebraska Nutrition Services. With that our school families have the ability to qualify for free and reduced lunch based on income. A regular lunch costs **\$3.50**, but a reduced price school lunch is **\$0.40**. If you are unsure if your family qualifies please feel free to fill out an application anyway. Applications can be found **HERE**.

****If your child(ren) qualified for free or reduced price meals at the end of the 2024-25 school year, you must submit a new application by September 30th in order to avoid an interruption in meal benefits.**

Monthly School Rosary

The 3rd Grade Living Rosary on Oct.

7th at 2:30 will be our monthly

school rosary in October. As a means

of praying for the needs of our students

and school families, St. Joseph School

will be offering a monthly school rosary.

Parents are welcome to join us as you

are able. The dates and times are listed

on the finalized **school calendar** posted


on our website, with our first one being

November 21st! Most of the times will

be at 2:50 pm so family members can

School Spirit Wear

Family members can show their school spirit too! Visit [LINK](#) to shop now through the end of school! Purchasers have the option of shipping to their homes for a fee, or selecting a pickup location (i.e. the school) for free. Items delivered to the school with batch weekly.



RUBIK'S CUBE CLUB! 3rd Grade & Up

3:30-4:15 pm
9/25 and 10/23
in the Library

If you know how to solve a Rubik's Cube, come to race, learn new cubes, or teach others how to cube!

If you have never solved a cube before, come learn how!

Contact Carrie Jensen at cjensen3@yahoo.com to sign up!

St. Joseph Student Crochet Club

St. Joseph School's Crochet Club, for students in 4th grade and up, will meet **every Friday from 3:30-4:30 pm** in the library when school is in session. Beginners to experts welcome. Contact Myra Costello at stjoes.institc or 713-857-7868.

join us. Classes will participate as they are available, so be aware that some classes may be absent on a given month. May our Blessed Mother intercede for us and lead us closer to her Son, Jesus!



JOIN GIRLS ON THE RUN!

Hello, MOUNTAIN MOVER!

Girls on the Run features lessons focused on what matters most to your girl. This season, she will build the confidence to do hard things. How? By developing powerful tools to help her believe in herself, then using these tools to face challenges with her team.

FINANCIAL AID AVAILABLE. APPLY ONLINE.

GIRLS LEARN HOW TO...

- Discover their I Can! Power — the power to do hard things
- Manage and move through difficult emotions
- Use stick-with-it strategies to help them overcome obstacles
- Proudly breathe, believe, and achieve their goals

LINCOLN: ST. JOSEPH

- Tuesday/Thursday 3:30 to 4:45 p.m.
- Season runs Sept. 9 to Oct. 30
- GOTR 5K Oct. 26 in Lincoln
- \$150 Registration Includes:
 - Curriculum-based programming
 - Program T-shirt
 - Souvenir workbook
 - GOTR 5K entry for GOTR Girl
 - 5K entry for her Run Buddy
 - 5K medal, drawstring pack and other goodies for girl at GOTR 5K

SCAN ME!

For more information and to register, visit www.GOTRNebraska.org

Contact acypfers@gotrnebraska.org

402-483-0373

Scratch Paper

We need scratch paper! If you have any paper already printed on one side and looking to get rid of please send it our way! God bless you for your generosity!

New with SCRIP

NEW THIS WEEK AT SCRIP
CRACKER BARREL \$25/8% back to school. Fill it out and send with you child. We will fill your order the same day and send it home with your child. Simple! Text Kate with any questions: 402-314-1416. **DOWNLOAD THE ORDER FORM!**

AROUND THE DIOCESE



INTERESTED NEW SHOOTERS

**We're having a
practice just for you!**

- Introduction to Trap Shooting!
- 1-on-1 Instruction!
- Meet some of our coaches & shoot targets!
- Shells, targets, eye & ear protection, water & shotgun (if you don't have one) will be provided.
- Come see about joining us for the 2026 Season!

Who can join?

- 6th, 7th, & 8th Grade Students (Junior Shooters)
- 9th, 10th, 11th & 12th Grade students (Senior Shooters)

When does trap season start?

- PreSeason Practice (new shooters) - September 30
- Practices - February through April
- Conference Meets - Weekends in March & April
- State Meet - 1st weekend in May

TRAP SHOOTING 101
September 27, 2025 @ 9:30 am
Lincoln Izaak Walton Trap Range
10801 S 134th St
4 miles East & 1 mile South of
84th St & Hwy 2 Walmart

**Find more fun pics from
last season on our
Facebook page -
Plus X Trap Friends**

PULL!



Need more info?
Contact Jeff Dreith
Head Coach
jdreith1985@gmail.com
402-202-6935

Outdoor Workday

School Sisters of Christ the King

Who: Adults and children who like to work outdoors.
(Great for service hours!)

Where: Villa Regina Motherhouse
4100 SW 56th Street
**West of Pioneers Park on Van Dorn,
turn south on Southwest 56th Street**

When: Saturday, Oct. 18, 2025
Time: 1:30-4:30 p.m.

Projects: Mulching, fall clean-up of
vegetable garden and flowerbeds,
cutting trees, etc.

***Supplies to bring:** shovels, work
gloves, wheelbarrows, pickups and
chain saws (*Please make sure all
tools are marked with your name.)

RSVP via email if you can.
sr.mary-angela@cdolinc.net
"Walk-ins" are also welcome.



Thank you for your generosity and God bless you!

SAVE THE DATE!!

TRUNK OR TREAT

OCT. 24

WWW.STJOSEPHLNK.ORG

Pastor:

Fr. Michael G. McCabe

Assistant Pastor:

Fr. Robert Froeschl

Principal:

Kevin Naumann

Assistant Principal:

Sr. Mary Angela, C.K.



Sent by Emily Klein

 Reply

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Email me when people reply to this note

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