# Beyond the Bell Enrichment Program

State-accredited, faith-based, intentional extended care

# PARENT HANDBOOK 2023-2024

The St. Joseph Beyond the Bell Enrichment Program (BTB) is licensed by the State of Nebraska as a program for school-age students. Our facility and staff meet all the regulations of the State. We are inspected each year by the Department of Health and Human Services and the Fire Department.

## 1. Application

Each family must complete the online form for registration prior to their child's attendance of BTB. <a href="https://forms.gle/GtJqVy4a6K8ChhoX7">https://forms.gle/GtJqVy4a6K8ChhoX7</a>

#### 2. Attendance

- a. Only students who are pre-registered to attend on a regular basis are eligible for BTB. We are not equipped to take drop-ins.
- b. Each student will be signed in every day in the cafeteria immediately after school.
  - i. If your student is scheduled to attend BTB (according to your application form) but will not be there, advance notification is required. We take the time and manpower to find every student who is expected to attend.
  - ii. Notification can be given by emailing us at JHEL-beyondthebell@cdolinc.net or by calling the school office at 402-489-0341 and asking them to put a message in the BTB mailbox by 1:00 p.m. that day.
- c. If something comes up at the very last minute you can email us at <a href="mailto:JHEL-beyondthebell@cdolinc.net">JHEL-beyondthebell@cdolinc.net</a>. The BTB office does not have a phone at this time, so email is the best option.
- d. If on short notice you realize that you need BTB on a day for which your student is not registered, we will do our

best to accommodate your needs provided we have the correct staff-to-student ratio and can stay within the boundaries of the state regulations. However, we cannot **guarantee** that there will be room for your student.

#### 3. Schedule

a. On a regular school day the BTB schedule is approximately as follows:

3:20 - 3:45 Decompress, prayer and snack, reflections
3:45 - 4:15 Active play time (outside, weather
permitting)

4:15 - 5:30 Educational exploration, strategy games, team building, fellowship, and creative time.

Note: Within our schedule, there will also be an opportunity for students in 2nd-8th grades to work on homework. We only assist with answering basic questions and won't check for accuracy of entire assignments, as we want to encourage students to keep their parents involved in their work. On Fridays and other days when they have no homework we have longer recess and/or educational play time.

The teachers have requested that the students in Kindergarten and 1st Grade not do their homework at BTB as they feel those are optimal ages for the parents to be more involved in that process at home. Students in 2nd grade have only a small amount of homework they can do at BTB. The remainder needs parent involvement.

b. On early dismissal days, the schedule is approximately as follows:

1:15 - 1:45 Snack and reflection

1:45 - 3:30 Movie

3:30 - 4:30 Outdoor time

4:30 - 5:30 Further educational/creative time, homework help

c. To abide by state regulations, we must serve at least 2 food/beverage groups per snack and include 4 groups for lunch. A partial list of our snack/lunch menu is below. subject to change without notice. Please contact us with any questions or concerns.

9	Food Group	Item	
Drinks	Fruit	Assorted 100% Fruit Juice	
	Dairy	Milk - 1% Chocolate/ 1% White	
Snacks	Dairy	Ice Cream Sandwiches	
	Dairy	Low Fat Yogurt/Go Gurt/Pudding Cups	
	Protein	String Cheese	
		Frozen Fruit Bars, Fruit Snacks/Dried	
	Fruit	Fruit/Raisins	
	Fruit	Go Go Squeeze/Applesauce	
	Grain	Animal Crackers – Chocolate or Vanilla	
	Grain	Assorted Chips/Sun Chips/Corn Chips & Salsa	
	Grain	Cheez-Its	
	Grain	Chex Mix – Cheese or Original	
	Grain	Cinnamon Crisps	
	Grain	Cocoa Puff Bars	
	Grain	Cookies-Assorted/Special Holiday Cookies	
	Grain	Crackers with Cheese	
	Grain	Goldfish	
	Grain	Granola Bars/Nutri-Grain Bars	
	Grain/Protein	Pizza (lunch only)	
	Grain	Pretzels w/cheese sauce	
	Grain	Rice Krispy Bars	
	Vegetable	Carrot Sticks w/Ranch	

### 4. Active Time and Play:

- a. Students hard at work all day need some time to move and play and exert active energy. Therefore, please ensure that they have proper clothing available sweatshirt/jacket, and long pants, hats, gloves and warm coats for snowy and cold days. We appreciate your help in this area so your student remains happy, healthy and benefits from exercise and fresh air.
- b. We utilize the gym for recess when it is available and have numerous balls and activities for both outside and in the gym.
- c. When we must stay in the cafeteria we have a number of indoor activities such as bowling sets, bean bag throws, bucket ball toss, egg/spoon walk, etc. We get creative in helping students work off some of that pent-up after-school energy.
- d. Other indoor educational activities and games include Bingo, play foam, art supplies, puzzles, games such as Life, Uno,

Connect Four, Simon, Guess Who, Mancala, Legos, K-Nex Sets, Circuit Boards, Lincoln Logs, Stacking Cups, Dominos and Twister, etc.

#### 5. Dismissal

- a. Students are picked up at the back doors to the cafeteria (back parking lot) to the left of the maintenance door by the dumpsters (opposite end from the gym). The door remains locked at all times, so you need to press the buzzer located up high to the right side of the door. Please stand in front of the peep hole so we can confirm your identity before opening the door. We will answer the door as quickly as possible.
- b. Your student must be signed out every day by you or your authorized representative as stated on the application form. Everyone we do not personally know will need to show their ID.
- c. If your student is outside playing at the time you pick him/her up, please come to the cafeteria first to sign them out. We will then relay a message to the staff to excuse your student so they can meet you.
- d. Please show respect for your students by refraining from using your cell phones when you pick them up so you can give them your undivided attention. Oftentimes they have crafts to show or an exciting story from their day to share with you.
- e. Your students must leave the premises no later than 5:30 p.m.
- f. We have been asked about our policy when a student does not want to leave when someone arrives to pick them up whether it is to play longer, finish artwork, a game, etc. Our policy is that your student needs to quickly and quietly put away their activities and prepare to go home with you. This reinforces your student's proper show of respect toward you. They always have the option of either finishing a project at home or during their next day at BTB.
- g. LATE POLICY: We have found it necessary to implement a late fee in order to ensure proper respect for the staff. The details are noted under FEES, Section 9, item d.

### 6. Illness/Injury/Medications

- a. The same policy applies to BTB as to the school. If your student gets ill, we will call you and request that you come and pick them up.
- b. If your student receives a minor injury, we treat it with soap and water and a band aid. If their injury is more serious, we will call you to see how you want us to proceed. If an injury is critical we will call 9-1-1.
- c. Please keep in mind that we do not administer medication. It has worked out well for the school office to keep all medication so the student can go to the office prior to school dismissal to receive it.

### 7. Discipline:

We want BTB to be fun and stress-free for students. However, we still need to follow the basic rules of school and the Christian rules of how to treat others/belongings with respect. Therefore, we try to follow the school's guidelines and practices. Below is our policy regarding behaviors and consequences.

### Saint Joseph School – Beyond the Bell

#### **Behavioral Expectations and Consequences**

#### LIMITING BEHAVIORS/LIFE-BLOCKING CHOICES:

When students act at the less mature levels of "All About Me" and "Being Better Than Others", they engage in limiting behaviors/life-blocking choices. They limit their own moral development, positive social growth and effective learning to some degree. Behaviors listed on the following chart are grounds for discipline at that level. Repeated behaviors may be elevated to a higher level.

MINOR OFFENSES	INTERMEDIATE OFFENSES	MAJOR OFFENSES
Behaviors that have minor effect on moral development, positive social growth and effective learning	Behaviors that <u>limit</u> moral development, positive social growth and effective learning	Behaviors that <u>prohibit</u> moral development, positive social growth and effective learning
Consequence:	Consequence:	Consequence:
Verbal reminder	2 <sup>nd</sup> Incident Report, sent to Director, miss remaining daily activities.	3 <sup>rd</sup> Incident Report, sent to Director, miss remaining daily activities and
Third reminder in one day warrants a 1st Incident Report	Third check in 1week warrants suspension from BTB the following scheduled day.	suspension from BTB for one week.

# Behaviors include, but are not limited to:

- Distraction when teacher is
- speaking or giving directions
- Not accepting criticism/"no"
- Not following instructions
- Calling out
- Bossing others
- Bothering others
- Unwanted following/chasing
- others
- Possessiveness
- Failure to take turns
- · Lack of concern for others'
- feelings,
- Intolerance for others'
- differences
- Unkind words
- Invading others' personal
- space
- Insensitivity to others' feelings
- Not finishing tasks
- Borrowing without permission
- Not returning borrowed items
- Bragging
- Making excuses
- Not admitting mistakes

# Behaviors include, but are not limited to:

# Anything under the first column that continues.

- Careless taking of God's name
- in vain
- Misbehavior during prayer
- Disrespect to teachers/adults
- Talking back
- Disruptive/uncooperative
- behavior
- Excessive Tardiness
- Leaving without permission
- Physical aggression (hitting,
- kicking, pushing, etc.)
- Verbal aggression (name
- calling, teasing, gossip,
- rumors, etc.)
- Not including others
- Mean faces/gestures
- Poor anger control
- · Holding a grudge
- Inappropriate boundaries
- Telling inappropriate jokes
- Using inappropriate words
- Damage of property
- Not reporting damage the
- · student has done
- Losing/breaking something
- without replacing it
- Blaming others
- Lying by omission (withholding
- information)

# Behaviors include, but are not limited to:

# Anything under the second column that continues.

- Disrespect for things of God
- Repeated taking God's name
- in vain
- Repeated swearing/cursing
- Deliberate disobedience/
- defiance of authority
- Aggressive words and actions
- toward authority
- Leaving the building/property
- without permission
- Deliberate bodily harm to self
- or others
- Jeopardizing safety of others
- Deliberate bullying over time
- Deliberate exclusion of others
- Serious fighting
- Malicious notes
- Malicious rumors and gossip Serious threats and
- intimidation
- False fire alarm
- Possession/use of weapons Possession/use of drugs,
- alcohol, tobacco
- Sexual harassment
- Sexual or vulgar language
- Obscene gestures
- Public display of affection
- Theft
- Breaking and entering
- Trespassing
- Vandalism
- Destruction of property
- Cheating
- Plagiarism
- Lying
- Forgery

### 8. Emergency Preparedness

We follow the same Emergency Preparedness Plan as the school.

#### 9. Fees

- a. On regular dismissal days, the fees are \$12 per day for the first student and \$10 per day for each additional student. For the one early dismissal day per month the fee is \$24 for the first student and \$20 for each additional student. You will be charged this amount for each day you have checked on the application form.
- b. If we are notified ahead of time that your student will not be attending BTB, you will not be charged for that day. You are also not charged for snow days.
- c. All invoices are prepared and distributed monthly by the 10th of each month. They are sent home in your student's backpack or handed to you directly when you pick up your student. If you have a question about your invoice, please contact us at <u>JHEL-beyondthebell@cdolinc.net</u>. If you have a question about your balance or a statement, please contact Ann Wackel at 402-483-2288 or <u>Ann-Wackel@cdolinc.net</u>.
- d. LATE FEE: When it comes to pick-up tardiness, parents are afforded one warning before incurring a late fee for delayed arrival. After the first warning, the fee is \$5 for the first 5 minutes and \$1 for each following minute per student beginning at 5:30 pm.
- e. SNACKS on regular days and LUNCH on early dismissal days are included in the daily price.

### 10. Early Dismissal Exceptions

The early dismissal days for which BTB is offered are Monthly Faculty Meeting days. Other days may not be covered; please contact us directly if you have questions.