

Less IS More:

Helping our kids manage all the “things”

- **The Kindest Gift of Grace is accountability**
 - **Creating predictable, consistent expectations**
 - **Cooperation through kindness**
 - **Providing Time, Relationship & questions**
 - **Empowering ownership**
- **When addressing children, we want to be:**
 - **Quick**
 - **Kind**
 - **Calm**
 - **Firm**
 - **Close**
- **Creating the Predictability**
 - **Boundaries: what it is okay to do & where it is okay to do it**
 - **Technology**
 - **Toys**
 - **Food**
 - **Number and frequency of activities your children can be involved in outside of school?**
 - **Managing—“who is a friend”**
 - **Early Intervention: address it when I see/hear it, never wait until I “feel it”**
 - **Waiting until they “CAN”**
 - **By using early intervention, we can address without emotion and reduce the opportunity for resistance.**
 - **Kids mirror our emotion and when directing from a place of emotion, kids will hear it, see it, or feel it.**
 - **If using emotion when directing, children will think they are in trouble.**
 - **Last, by using early intervention we can more easily help children meet the expectations that have been established.**

- **“If I approach with you my emotion, I have robbed you of the opportunity to reflect on the behavior that created the need for the intervention.”**
- **When a child is old enough to begin to lie or sneak, it is important to set boundaries and expectations so they we can help them build their character.**
- **So what are the “things”?**
- **“When kids have chaos on the inside, it is important to organize the chaos on the outside.”**
 - **Belongings?**
 - **Organization—helps to create structure/structure with consistency helps create predictability/predictability leads to trust which allows for vulnerability.**
 - **“Things have a place, so things can be placed there”**
 - **Too much to manage**
 - **The rule of 10**
 - **Allowing children to only have a portion of their belongings to manage.**
 - **Creating a systematic way to manage**
 - **Routine rotation**
 - **We could put toys on a weekly rotation.**
 - **Activities?**
 - **Things to do, people to see, places to go...**
 - **Which are a priority**
 - **Is there any down time...**
- **Reducing resistance around managing the “things”**
 - **Vacation? (toys are on vacation)**
 - **Put things away for a time**
 - **How are they earned back**
 - **Toys vs tech time**
 - **MOTTO: I will not give you more than you show me you can manage**
 - **Chore exchange?**
 - **“Your brother was so kind to help with this, what chore would you like to exchange with him?”**

- **Questions/Comments**