



ST. JOSEPH CATHOLIC SCHOOL

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St. Joseph Catholic School has assessed our Wellness Policy as part of the 2023 USDA requirements. The Triennial Assessment was completed and the results made available to the public via the school website at <https://school.stjosephlnk.org/parent-info/lunch-program-and-wellness-policy/>.

The school has updated our website so the Wellness Policy and information regarding the School Lunch Program can be more easily accessed.

1. Policy Compliance Results

Areas of Strength:	1. Compliance with USDA Nutrition Standards. 2. Fresh fruits and vegetables are served daily at lunch. 3. Outside P.E. classes when weather permits.
Opportunities for Improvement	1. Offer healthier (Smart) snacks during school-wide celebrations. 2. Provide alternatives to avoid taking away recess. 3. Increase parent/public involvement.

2. Wellness Policy Goals

- Students choose nutritious foods (including fresh fruits and vegetables) which results in positive energy levels optimal for learning.
- Promote a physically active lifestyle by allowing all students to participate in P.E. classes on a regular basis.

If you have any questions, please contact Kevin Naumann (kevin-naumann@cdolinc.net) or Christina Wahlmeier (christina-wahlmeier@cdolinc.net).

Respectfully, Kevin Naumann/Christina Wahlmeier-School Wellness Policy Committee Members