WEEKLY WATCH

You Know You're in a Catholic School When...

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- during play time a Kindergartner starts singing the version of "Alleluia" sung at Mass and his classmates chime in;
- the 2nd grade boy cut a piece of his hair at home to "give it to God," just like Sister cut her hair and wears a veil to give it to God;
- the substitute teacher asks the 4th grade to stand for Grace Before Meals and they start to pray the Angelus first;
- a 6th grade student does a saint project on the patron saint of snow days;
- the 8th grader follows the song in the Missalette because he's helping his Mass buddy.

I thought you might enjoy seeing just a smattering of little signs of our Faith that happen on a regular basis. Believe it or not, all but one of these anecdotes is just from this week. What joy our children bring must to the Heart of Jesus on a daily basis! It's good to stop and notice these gifts in the midst of our grown-up busy lives.

Thank you to all who have attended our parent-teacher conferences as well. We love having you in our school and are grateful for the opportunity to partner with you in the ongoing formation of your beautiful children. Special thanks to our teachers who have worked so hard with your children since the beginning of the school year, and this week to prepare for these conferences.

It's good to take a moment to remember that, even amidst challenges that inevitably arise when dealing with the unpredictability of children, we are so blessed here at St. Joseph's!

Enjoy the long weekend and may God bless you and your families!

In the Heart of the King,

Sister Many Angela, C.K.

Sr. Mary Angela, C.K.



Our 3rd graders participated in the Living Rosary earlier this week!

BIST Tip: BOTTOM LINE, positive style – "It's always okay to do your best and ask for help." "It's always okay to be kind and helpful."

Last time, we shared that "It's never okay to be disruptive." On the positive end, there are things that are <u>always</u> okay in the classroom. We remind students that it's always okay to do their best. But their best doesn't mean that they will understand everything. That's the time to ask for help. We come to school to learn! Learning often means we need to ask questions and clarify what may be confusing. Empowering students to ask when they need help encourages them to be active learners. It's also always okay to be kind and helpful. If someone has their hands full, jump in and hold the door. If someone spills crayons, get down and help pick them up. These behaviors are welcome in school and in all settings. See how your children respond if you gently remind them of these phrases at home.

Mission Collection!

Our Mission Collection from last Friday was \$353.84! We done amazingly well with our Mission Collections! This is up from last year as was our September collection. Thank you for encouraging your child(ren) to give to our needy brother and sisters in the world!

A Note from Our Nurses

We are in need of several updated student immunization records, dental records, and physicals (for new students, Kindergarten students, and seventh grade students) before the annual state report is due. Please send vaccination records to the school office, send an email attachment to JHEL-schoolnurse@cdolinc.net, or fax records to 402-489-3260. Individual email reminders will be sent out in the coming weeks if your child(ren) have missing records. Thank you for your help in keeping our student health files up-to-date.

<u>SFA Parent Night – Let's Raise Saints!</u>

Save the date for <u>Tuesday, October 21, from 6:45-8:00 p.m.</u> You won't want to miss hearing from Fr. Matthew Rolling about "Virtue and Human Formation at Home and at School." He will be joined by our BIST consultant, Jacquie Winbolt, providing context for our school-wide approach for Grace and Accountability. Mark your calendars now for a night of formation, food, and fellowship!

SAVE THE DATE SFA Parent Night

Tuesday, October 21 | 6:45-8:00 pm School Gym

Refreshments Provided

Let's Raise Saints!



Virtue & Human Formation at Home and in School

Featuring Fr. Matthew Rolling!

Fr. Rolling is a Priest of the Diocese of Lincoln, having served in diocesan schools from Nebraska City to Hastings. He is the Academic Dean and a Professor of Philosophy at St. Gregory the Great Seminary. Using the formation from his ministry and studies, Father has spoken and written about human formation and recently published a book, entitled "The Glorious Freedom of the Children of God: The Human Dimension of the Formation of Seminarians.

Also featuring Jacquie Winbolt, St. Joseph's BIST Consultant, to answer "How does BIST help with human formation at our school?"

Jacquie Winbolt is a BIST (Behavior Intervention Support Team) consultant with Cornerstones of Care. She brings 13 years of BIST expertise in working with schools and is herself a mother of twin middle school girls. As a BIST consultant, her desired outcome is that when students are ready to leave school, they have the ability to manage their emotions and make good choices, make good choices when others around them are making poor choices, and do things they don't want to do (or if they are hard). BIST's goal is to provide grace and accountability through teaching and protecting, so that students who are missing life skills can make sustainable life changes.





Family Rosary

You may have heard the saying coined by the late Fr. Patrick Peyton, "The family that prays together, stays together." Fr. Peyton also advocated praying the family rosary. St. Joseph's has the tradition of sending home a glow-in-the-dark rosary to each school family during October, the month of the Holy Rosary. We encourage you to pray it together and then return to school so it can pass along to another family. If you cannot pray the rosary on the day you receive it, please try to do so by the next day and then return it. Mary understands, even if this means praying it in the car on the way to a ball game or recital! We want Mary to wrap her mantle of love and protection around all our school families and intercede for all your intentions during this month. **The school rosaries will be sent home beginning on Monday, October 6, Our Lady of the Rosary.** Look for these to be coming home with youngest and only, beginning in 6th grade. Our Lady of the Rosary, pray for us!

BIST Parenting Series Recordings

Did you miss the opportunity to sign up for these virtual meetings? See below to access <u>ALL</u> recordings and handouts!

- September 18: "Just One Thing at a Time: Taking on tasks that seem to be overwhelming & addressing "perceived" helplessness" Recording LINK; Handout LINK
- September 25: "Why is the Truth So Hard?: Rebuilding trust when our children lie Recording <u>LINK</u>;
 Handout <u>LINK</u>
- October 2: "We All Live Here; We All Help Here: Teaching ownership, responsibility & pride through "helping out" around the house – Recording LINK; Handout LINK

These classes are designed to:

- Create consistency between school and home
- Provide language for adults to use when redirecting children
- Share ways to problem solve to increase your child's success
- Increase generosity and kindness in your children
- Bring a sense of calm to your home

Free & Reduced Lunch-Does Your Family Qualify?

St. Joseph participates in Nebraska Nutrition Services. With that our school families have the ability to qualify for free and reduced lunch based on income. A regular lunch costs **\$3.50**, but a reduced-price school lunch is **\$0.40**. If you are unsure if your family qualifies please feel free to fill out an application anyway. Applications can be found <a href="https://example.com/heres/

If your child(ren) qualified for free or reduced-price meals at the end of the 2024-25 school year, you needed to submit a new application by **September 30th to avoid an interruption in meal benefits. Those who did not were automatically switched over to the paid rate. Please take a moment to

Another New Restaurant with SCRIP

New this week: RED ROBIN. \$25/8% back to school. Fill it out and send with you child. We will fill your order the same day and send it home with your child. Simple! Text Kate with any questions: 402-314-1416. **DOWNLOAD THE ORDER FORM!**

Charlie and the Chocolate Factory @ Pius X!

Tickets are on sale now for the Pius Players production of 'Charlie and the Chocolate Factory' with four shows **October 16-19.** These family-friendly shows are on Thursday, Friday and Saturday at 7 pm, and Sunday at 1:30 pm. Shows are at Lincoln Southwest High School (due to construction at Pius X). Tickets are \$11 for adults and \$8 for students, and are on sale now at **PiusX.net/store**.

S.T.A.G.E Auditions

S.T.A.G.E. Theatre will be holding AUDITIONS for their winter musicals October 16-19 for students ages 7 and up. Students will have the opportunity to audition For *Lil Red and The Cowboy Who Saw the Light*, a fun western-themed musical for kids ages 7-11 years, and older students (10 and up) may audition for **The Good**, **The Bad, and The Fuzzy**, a comedic musical melodrama set in the wild west. Both musicals carry Christian themes and lessons. Weekly rehearsals beginning October 25 with performances taking place the first two weekends of January. Additional information on tuition, scheduling, and audition signups can be found at **stage4kids.com** under STAGE Theatre.

Parish Family Football Night!



CK Sisters Outdoor Fall Workday

Saturday, October 18, 1:30-4:30 pm

We will be mulching, cleaning up our vegetable garden and cutting trees. Helpful items to bring include shovels, work gloves, wheelbarrows, pickups and chainsaws.

Children are also welcome – and can use this for service hours! Mark your calendars now and contact Sister Mary Angela at sr.mary-angela@cdolinc.net if you would like to come and help. Please also print and complete a LIABILITY FORM (one per adult; children added to adult form.) Villa Regina Motherhouse, 4100 SW 56th St., about 2 miles west and south of Pioneers Park. Walkins are also welcome.



<u>Who</u>: Adults and children who like to work outdoors. (Great for service hours!)



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